

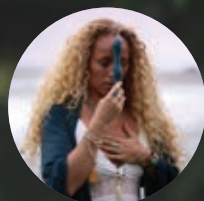
FREE PROGRAM

BYRON BAY STARLIGHT FESTIVAL

THURS 6TH - SUN 9TH JAN A&I HALL BANGALOW



SOUNDBATHS



WORKSHOPS & TALKS



YOGA & BREATHWORK



WELLNESS & HEALING



TAROT & PSYCHICS



WELLBEING MARKET



TICKETS \$30

2 FOR 1 THURS & FRI

STARLIGHTFESTIVAL.COM.AU

TICKETS ONLINE OR ON THE DOOR (KIDS FREE)

Miroslav Petrovic

Tedx Speaker, author of *Give Them Goosebumps* &
Founder of The Enlivened Speaking Institute

Embodied Speaking: Discover The Power of Your Voice

Sunday 9th Jan 1pm @ Starlight Fest.

For conscious entrepreneurs, coaches
and healers who want to speak
confidently without sounding robotic,
nervous and boring.

Discover the power of your voice and
embody your authentic stage presence
to **create goosebumps** for your
audiences.



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Enjoy four bliss filled days of personal transformation at the 2022 Starlight Festival.

You are invited to discover four days of transformation and healing at the Starlight Festival. Browse the wellbeing market where you can enjoy access to a community of practitioners offering healing, readings, personal development, massage and more. Find your perfect crystal, sample the latest wellness products or delight in nourishing vegan food from the cafe.

Then participate in the expansive program of events included with entry across five sacred spaces. All created so you can experience awakening workshops from a community of renowned facilitators from the Byron Shire and beyond.

This year reconnect using the power of sacred sound. Relax with live sound healing. Release and connect with chant and mantra then bliss out in a restorative soundbath.

Energise in the yoga space with a yoga flow or go deep with yin and yoga nidra. Immerse yourself in a workshop, learn to play a singing bowl, discover your voice or try palm reading. Access vast and life-changing knowledge with talks, ceremony, guided meditations & much more.

Whether you join us for one day or immerse in the program for all four days, transformation awaits you.

The Starlight Festival takes place from the 6th-9th of January at the A&I Hall in Bangalow. Tickets are \$30 and available on the door or online at starlightfestival.com.au

Children under 13 enter for free with a paying adult, **two for one entry available on Thursday & Friday.** So bring your family and friends and be a part of this vibrant and transformative event.

Village Market

Relax and discover the wonders of the Starlight community.



Psychics, Tarot & Readings

Tarot readers and psychic mediums will help you unlock the metaphysical secrets of your life path.



Healers & Practitioners

Enjoy healings, kinesiology, sound healing and much more from qualified practitioners.



Conscious Products

Including crystals, jewellery, essentials oils, yoga products & more.



Wellbeing Market

Over 40 stalls in the main hall including wellbeing products & practitioners from across the Byron Shire and beyond.



True Nature Cafe

Delicious vegan food catering for all dietary needs carefully created by Chef Todd (Stream) Cameron.



Massage & Bodywork

Re-align with back care, de-stress with a massage and release tension with bodywork.

Sounds & Breathwork

Bask in a soundbath or go deeper with breathwork & ceremony.



Chicchan

A form of vibrational crystal healing is created through the sound generated by pure quartz crystal singing bowls. The powerful and exquisitely pure healing sounds of these bowls when played is tranquil. Bathe in their sound each morning of the festival.



Eeka King

Has been a seeker of spiritual and esoteric wisdom since she was a teenager and has been working in the healing profession for 18 years. Eeka is a certified Teacher of Acutonics® Sound Medicine as well as a qualified and experienced Acupuncturist and Chinese Medicine Practitioner.



Seriya & Matty

Seriya is extremely passionate about the potency of Sound as a healing tool and is the Co-founder of Sound Healing Australia. Matty Rainbow is a Byron Bay based, certified Kinesiologist, Sound Healer and Meditation facilitator.



Sophie Sämrow

The founder of Conscious Flow Breathwork, is a passionate Breathwork, Meditation, Mindfulness, Sound Journey facilitator, Reiki Practitioner, Cacao ceremonialist and Holistic Health Coach.



Lauren Sifas

Lauren's teaching style incorporates a combination of meditation, deep sound healing, yin/restorative yoga & breathwork. Gifting the art of peace and tranquility and complete surrender. Her yoga & sound healing can stretch you in ways you don't expect.



Dunja Vairaktaris

Over the years Dunja's love of alternate practices gave her the inspiration to become a Holistic Therapist, specialising in Meditation, Holistic Counselling and Shamanic Healing. She has a love and appreciation for Cacao and the ritual behind the ceremonial practice.



Citadel

Citadel is a singer/songwriter/healer and intuitive passionate about creating spaces through sound, energy and song for you to return to your heart and soul. She draws upon her multi-faceted skills to create a truly unique and powerful experience.



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Presenters

Unlock new discoveries with talks & workshops.



Marnie Devi Hudson

Marnie has passionately explored many dance styles, yoga, meditation, personal transformation tools + spiritual seekings.



Yemi Penn

Yemi is a documentary producer, TEDx Speaker & PhD. Her life's mission is to raise the vibration of acknowledging our trauma.



Gabrielle McMahon

Is a certified Meditation and Mindfulness teacher, as well as a Mindfulness-based Stress Reduction (MBSR) teacher.



Katharine Kinnie

Katharine is the creator and custodian of a new type of Pythagorean Numerology called Cosmic Numerology.



Jeniffer Castillo

Holistic Sexuality Facilitator. Trained at the School of Sexuality by Dr Maria Gabriela Santini. Hatha/Ashtanga Yoga Instructor trained at AHIMSA Yoga School.



Sandi White

Sandi is a Brisbane based meditation teacher. She has been practicing yoga and meditation for over 20 years.



Miroslav Petrovic

Miroslav Petrovic is a TedX speaker, teacher and facilitator who has worked with over 5,000 people across the world to bring their message to the world.



Abikgail

Sharing a valuable technique, that aids understanding how the psychic senses work, how to develop them and how to apply this knowledge in your life.



Mayu Akiba

Mayu was born in Wakayama where Japanese Buddhism started in Japan 1200 years ago. Japanese buddhism chanting has always been part of her life.



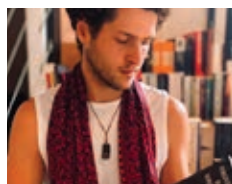
Lucy Arnott

Integrates Trans-personal Counseling, Art Therapy expression, meditative processes, dream work and voice dialogue to work with people.



Lisa Jonas

Lisa's focus is on harnessing the essences of our inner gifts and enhancing our flow of creativity and inner wellbeing.



Moshe Topol

Moshe Topol is a writer, musician, illustrator, reiki healer, body worker, meditation guide, yoga instructor, and the author of two books.



Siri Shakti Kaur

A Kundalini Yoga Teacher, specialising in therapeutic approaches, and sound healer.



Anastasia Borserio

Anastasia mentors & leads a team of tens of thousands of people who are reclaiming their health and wellness on every level.



Ajna Stephanie

Is a qualified rebirther, Yoga teacher, massage therapist, tantrika, reiki master, & theta healer.



Parijat Wismer

Parijat is a registered professional member with the AKA, an Advanced Kinesiology Instructor and Herbalist.



Raym

Shaman, author, columnist, spiritual tour leader and teacher. His Crystal Dreaming® technique, taught world-wide.



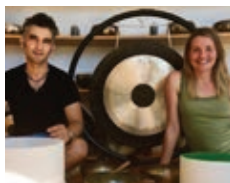
Sally Newton

Sally is a certified transference healing®, practitioner, teacher & ascension facilitator.



Donna Benke

Donna works in oneness as a galactic channel for WE are the light.



Anup & Brinley

Have travelled throughout Australia, plus areas of the USA teaching and sharing their Singbowls.



Tom Robb

Tom Robb is a 'real talk' speaker, unorthodox yoga instructor, mentor & adventure therapist. Tom's powerful workshops are recognised nationwide.



Margot Cairnes

Margot is highly regarded and respected as an inspirational mentor, advisor and partner to boards and CEOs.



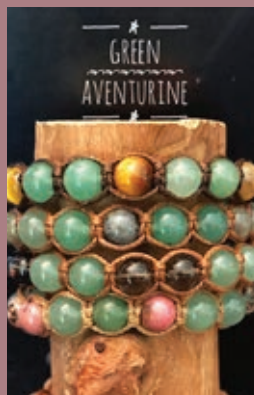
Heeling Dean

Miss Heeling specialises in Tarot readings including the Celtic Cross.



Mario Alam

A medical doctor, intuitive & mystic who has traveled the world experiencing ancient wisdom.



Visit my stand at the festival or find me on facebook & instagram.
-Moana



CRYSTAL LIGHT BED THERAPY
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DONNA

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WATCHTOWER WITCH



Visit my stand and pick up some witchcraft tools, handmade crystal jewellery or one of my personal tea blends. I'll show you how to use a pendulum or a chakra set. Most of all come say hello.

- Robyn Crouch, Watchtower Witch

Daily Yoga

Activate through movement with the Starlight Festival yoga community.



Patricia Escalon

Patricia's yoga style is to build on each pose gradually, allowing the student's body and mind to integrate.



Simon Borg-Olivier

Simon is co-director of YogaSynergy, one of Australia's oldest and most respected yoga schools.



Tarah Rocha

Tarah dedicates herself to the study, practice & teaching of yoga.



Brooke Barrett

Brooke is the owner and director of the Yoga Teacher Training school The Essence of Sadhana.



James Travers-Murison

James Traves-Murison trained at Rishikul Yoga Shala in Rishikesh to become a yoga teacher.



Liina Flynn

Liina Flynn has been practicing yoga since she was ten years old and has a life-long love of yoga.



Ann-Marie

Is a health & wellness enthusiast, especially passionate about Women's health & wellbeing.



Aimo Javier

Sharing how martial arts can translate to daily life on a physical, energetic & philosophical level.



CONNECT & CREATE

Visit the Believe & Surrender stall and create your own piece of inspirational jewellery with Toni.



@believesurrender



www.facebook.com/believesurrender/

**TWO FOR
ONE
ENTRY***

* Program subject to change by divine intervention. Two for one on full price tickets only.

Thursday

ONLY ENTRY*																																																																					
10am					15					30					45					11am					15					30					45					12pm					15					30					45					1pm					15				
WISDOM ROOM					10-10.45am How to tune in and trust yourself with Rhonda Kelly.										11-11.45am Astrology for creative individuals with Lisa Jonas.										12-12.45pm Holographic Kinetics with Steve Richards.										1-1.45pm Cultivating Equanimity. Discuss the roadmap																																		
															10.30-11.30am Heart opening breathwork meditation with Sophie Saemrow.										11.45-1.45pm Trauma release Art Therapy. Each participant will undergo a progressive relaxation meditation, learn how to track negative self talk, cultivate compassionate self talk, and engage in a hands on exercise to understand the mind-body connection that facilitates healing with Abikgail.																																												
															10.15-11.15am Clear your etheric body and relax, experience deep peace and bathe in the sound of pure quartz crystal singing bowls with Chicchan.										11.30-12.30pm Citadel Breathwork Journey. A powerful & supportive Breathwork, sound healing and energy healing journey focused on letting go. Release the built up layers of the world with Citadel.										12.45-2.45pm Shifting Emotions with Breathwork & Sound with Matty Rainbow.																																		
HEART SPACE																																																																					
SOUL SOUNDS																																																																					
UNITY SPACE																																																																					

Program highlights



Breathwork Journey
Citadel
Soul Sounds
11.30-12.30pm

Join Citadel for a powerful and supportive Breathwork, Sound Healing and Energy Healing Journey focused on letting go. Release the built up layers of the world and its conditioning through this circular breathwork pattern. Return to the wonder and wisdom of the heart and soul. This powerful healing modality gives you access to your emotional, energetic, mental and spiritual bodies.



Yoga & Thai Massage
Tarah Rocha
Unity Space
12.30-1.30pm

In this Yoga & Thai Yoga Massage workshop learn to flow, breathe and move with dynamic assisted stretching. Learn to come to still points and listen to the body. With focus and precision a moving meditation to relax the nervous system. Join this workshop to enhance wellbeing and come into a state of connection and relaxation.



Yemi Penn - TEDx Speaker,
Resolving Trauma (PhD), Engineer,

www.yemipenn.com



6th Jan

All program events included in the price of entry.

30	45	2pm	15	30	45	3pm	15	30	45	4pm	15	30	45	5pm	15	30-45	
Patanjali provides to cultivate a Sattvic mindset with Brooke.		2-2.45pm Watercolours for healing with Lou Lou Rose.				3-3.45pm Finding Your Soulmate with Healing.				4-4.45pm Connecting to your souls wisdom. Gain new perception into your soul's sacred path of initiation with Sally.				5-5.45pm Deepening your writing practice for self-healing and personal evolution with Moshe.			
		2-3pm Hands-on singing bowl workshop, teaching the basics of how to use singing bowls for meditation, healing and space clearing with Anup & Brinley.				3.15-4.15pm Gifts of Visibility. A how to for healers, coaches and consultants unlocking the power of vulnerability to shine brighter and magnetically attract more clients with Sal Madgwick.				4.30-6pm Finding Your True North. Redefining your purpose & passion through Story stillness & movement. A series of powerful exercises & activities. Combining discussions & self-reflection with Tom.							
Experience, connect and shift emotions with breathwork and Sound. Utilise sacred breathing techniques to raise your vibration and release what no longer serves.						3.15-4.15pm Sound Healing Journey. A meditative journey to meet the spirit of Mother Earth. Be serenaded by healing frequency vocals, medicine drum, singing bowls & guitar with Stephanie.				4.30-5.30pm Crystal Bowls Sound Bath with Pachi.							
	1.45-2.45pm Mindful Movement + Meditation. Raise your consciousness & awaken potential. Reconnect with the mind & body in a way that brings compassion with Gabrielle McMahon.					3-4pm Somatic Yoga. A practical gentle somatic yoga class with Liina Flynn.				4.15-6pm Unwinding - Rest & Restore through sound. We shed a layer together & rebirth with light breathwork, Yin Yoga followed by a handcrafted Sound Healing Session by Lauren Siafas, using many instruments intertwined. A journey of deep rest.							



Shifting Emotions with Breathwork & Sound
Matty Rainbow
Soul Sounds
12.45-2.45pm

Experience, connect and shift emotions with breathwork and Sound. Utilise sacred breathing techniques to raise your vibration and release what no longer serves.



Rocket Yoga
Brooke Barrett
Unity Space
10-11am

Rocket yoga sequence is fast paced and has a similar structure to Ashtanga yoga.

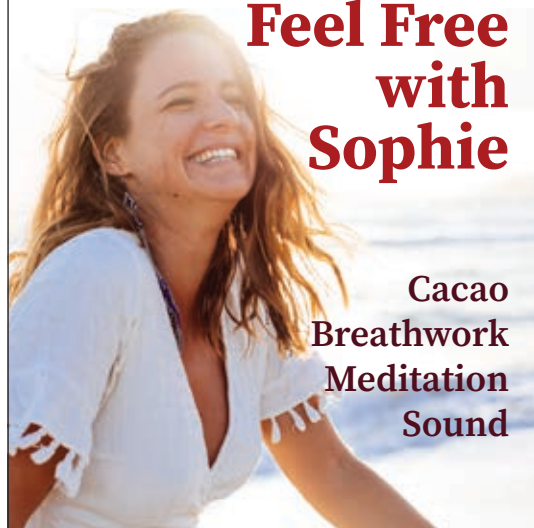


Qigong
Aimo Javier
Unity Space
11.15-12.15pm

A certified senior instructor, Aimo's journey with Tai Chi began in the UK where he learned Wu style.

CONSCIOUS FLOW BREATHWORK

Breathe and Feel Free with Sophie



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**TWO FOR
ONE
ENTRY***

* Program subject to change by divine intervention. Two for one on full price tickets only.

Friday

	10am	15	30	45	11am	15	30	45	12pm	15	30	45	1pm	15
WISDOM ROOM	10-10.45am Diamond Light Numerology. A fun interactive session from the book of joy with Wilma May.				11-11.45am Patanjali's Yoga Yamas and Niyamas explained. How to use this knowledge in your personal practice with James.				12-12.45pm Music of the Spheres. Learn about heavenly healing harmonies & immerse in a soundbath with planetary tuned gongs, chimes & other sacred sound instruments with Eeka.				1-1.45pm ABUNDANCE & Manifestations with Healing.	
HEART SPACE					10.30-11.30am The Divine Goddess. An opportunity to delve into a divine, introspective heart-space. Gain a tangible understanding of the co-creative forces & the realms of alchemy & light with Sally.				11.45-12.45pm Sex & Spirituality. A journey with Jennifer Castillo to understand the multidimensionality of sexuality & its connection with the mental, physical, emotional & spiritual bodies.				1-1.45pm Accessing the superconscious with Raym.	
UNITY SPACE	10-11am Chi-Tonix Exercises to tune up your energy for each day with Parijat.				11.15-12.45pm How to cultivate a Thrive Mindset. Developing a daily practice which helps you to not only cope with everyday difficulties but to thrive in them with Patricia Escalon.								1-2pm Connect with self.	
SOUL SOUNDS					10.15-11.15am Clear your etheric body and relax, experience deep peace and bathe in the sound of pure quartz crystal singing bowls with Chicchan.				11.30-1.30pm 5 Dimensional Flow. Simon Borg-Olivier and Jennifer Genest will teach you some simple spinal movements, that can be one standing or sitting. In the first part of the session Simon will teach with verbal instructions and demonstration; and then we will practice it again without any words and create a safe, accessible, but effective meditative flowing practice.					
SACRED SPACE					10.15-11.15am The Projection of the Ego - The Astrological Moon. Learn how to understand this "Ego" via the symbol of the moon which shows how we construct & project our own self image with Dee.				11.30-1pm Learning Crystal Singing Bowls 101. Are you feeling called to play a Crystal Singing Bowl? This hands-on workshop gives you an opportunity to learn the basics of playing these Sound Healing instruments for your personal practice with Matty.					

Program highlights



**Liberate
your voice**
Moshe Topol
Heart Space
4.30-6pm

Moshe Topol is passionate about healing, transformation, and the evolution of our collective consciousness through writing, music and prayer. Join him in combining mantra and vocal exercises to unblock the throat and become a bridge between the earth and the divine using your divine instrument, your voice!



**Five
Dimensional
Yoga Flow**
Simon & Jennifer
Soul Sounds
11.30-1.30pm

In this session, Simon Borg-Olivier and Jennifer Genest will teach you some simple spinal movements that can be done standing or sitting. In the first part of the session Simon will teach with verbal instructions and demonstration; and then you will practice it again without any words using visual instruction and music. In a safe, accessible meditative flowing practice.



**Medicine
Dance**
**Marnie Devi
Hudson**
Soul Sounds
4-5.30pm

The power of free-style dance, supported by an incredible musical soundscape + potent guidance - frees us to connect deeply with breath, mind-body, feelings, energy + spirit on the dance floor. It is my absolute pleasure to hold this safe space to explore your great potential to awaken, transform + heal. To truly come home to a more released, present, heart-centred self. DANCE is the MEDICINE!

7th Jan

All program events included in the price of entry.

30	45	2pm	15	30	45	3pm	15	30	45	4pm	15	30	45	5pm	15	30-45
			2-2.45pm Soul Stories with Paul Williamson.			3-4pm How to heal relationships with Sunaina.				4.15-5.45pm Intuitive palm reading for the average psychic with Mario Alam.						
Tap into your own infinite potential, ground your wisdom.			2-3pm Hands-on singing bowl workshop, teaching how to use singing bowls for meditation, healing & space clearing with Brinley & Anup.				3.15-4.15pm Unleash your 'Inner Artist' with Lisa.				4.30-6pm Liberate your voice. Combining mantra and vocal exercises to unblock the throat and become a bridge between the earth and the divine using your divine instrument with Moshe.					
Circle with Sandi, Connect with self in this 1 hour guided meditation and gentle movement practice.			2.15-3.45pm Shamanic Chord-Cutting Ritual. Are you ready to heal old wounds and awaken to an empowered authentic life? Embodied Transmission of Tao Tantric and TRE Trauma Release techniques to come into your seat of power with Ajna Stephanie.						4-6pm WHO AM I? Experience meditation in the classical way through yogic practices which support one's body, breath and mind and lead one gently towards a state of deep reflection. Offering insights from the Taittiriya Upanishad and the Pancamaya with Tereasa.							
		2-3.30pm Seriya Cutbush & Tanya Wester offer a space for you to use the power of mantra as a tool for meditation and connection to your divine essence. They play various instruments & use the power of voice to bring you into a state of presence. Come chant and allow the vibrational sounds to move through you.						4-5.30pm Medicine Dance - 5 Elements Ecstatic Dance. The power of free-style dance, supported by an incredible musical soundscape + potent guidance - frees us to connect deeply with breath, feelings & energy with Marnie.								
1.15-2.15pm Demystifying Women's Cycles. Discover the beauty, power and simplicity within the ever changing cycles of woman Anastasia & Krystle.			2.30-4.30pm What is a meaningful life for you? Using imaginal and embodied processes, you will discover your authentic highest purpose and a rich vision for living a truly meaningful life with Peter Wallman.						4.45-5.45pm Energy Reading. Learn how to work with the electromagnetic field, to identify the energy influences of the past, present and future, with an exercise in Aura reading with Abigail.							



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	10am	15	30	45	11am	15	30	45	12pm	15	30	45	1pm	15
WISDOM ROOM	10-10.45am Self-healing and personal evolution. Deepening your writing practice for self-healing and personal evolution with Moshe.				11-11.45am The Child of Light. Join Sally in experiencing the profound magical Child Of Light frequencies as we open to our New Earth Grid.				12-12.45pm Past Lives and the journey of our Soul. Experience directly who you are as a soul and your soul journey with Paul Williams.				1-1.45pm Trauma release through expanded states with Raym.	
HEART SPACE	10-11am An Introduction to Cosmic Numerology. The metaphysical science of Cosmic Numerology. The meaning of numbers 1-9, 11, 22 & 33, how to calculate your life path number with Katharine.				11.15-12.15pm Practical Spirituality. Transcending duality and accepting your place in the New Earth with Jester Featherman.				12.30-2.30pm Reclaiming the power of your WOMANhood					
UNITY SPACE	10-11am Functional and Mobility Yoga. An alignment flow building on each pose, step by step, to increase mobility and enhance functional movement while moving mindfully with Patricia Escalon.				11.15-12.45pm Sattantra is Tantra Kriya yoga & Kundalini energy. SATTANTRA is a personally developed practice based on Tantra Kriya yoga & my first-hand experience with Kundalini energy. This practice is dedicated to the cultivation of conscious connection, authenticity, love, truth, & liberation with Shivana.				1-2pm Mantra on the Mat with Teresa.					
SOUL SOUNDS	10-11am Clear your etheric body and relax, experience deep peace and bathe in the sound of pure quartz crystal singing bowls with Chicchan.				11.15-1.15pm Taoist Cosmic Sound Journey. In this workshop we will explore Taoist cosmic healing. You will be guided to open and activate your microcosmic orbit and you will learn how to draw in the earthly and heavenly energies through your energetic portals. Lay down and let the sounds of 8 Planetary Gongs, Crystal and Tibetan bowls, hand chimes, drum, didgeridoo & the flute guide you on your journey with Eeka.									
SACRED SPACE					10.15-12pm Cosmic RESET. Shamanic & activating, be guided through an alchemical journey to strengthen your inner alignment & potential to reset your life. Be prepared to awaken the inner giant. Mario Alam takes you through an embodied journey with your body being the temple to transform.				12.15-1.15pm Cleaning Our Trauma: Pain to Power with Yemi Penn. In this 1hour workshop, Yemi Penn shares her short documentary & a talk on what it means to 'Clean our Trauma'.					

Program highlights



Taoist Cosmic Sound Journey
Eeka King
Soul Sounds
11.15-1.15pm

Lay down and let the sounds of 8 Planetary Gongs, Crystal and Tibetan bowls, hand chimes, drum, didgeridoo & the flute guide you on your journey. You are made of star dust and through the sounds of the cosmos I will take you deep, to the place of Wu Chi-undifferentiated stillness (the void), linking you with your higher soul.



Shamanic Breathwork Journey
Krisy & Krti
Soul Sounds
1.30-3.30pm

This practice is an invitation for all to embark on a sacred mystical voyage. We continue to honour the timeless wisdom of ancient traditions and teachings with emerging methods of healing. The technique we will be using is called Shamanic Breathwork, founded by Star Wolf of the Venus Rising Association for Transformation (USA).



Singbowl hands on workshop
Anup & Brinley
Heart Space
2.45-3.45pm

Anup and his wife, Brinley, have traveled throughout Australia and the USA, teaching and exhibiting. Their in depth singing bowl masterclass was also launched online this year. They bring their 12 years of experience to Starlight in their hands-on singing bowl workshop, teaching the basics on how to use singing bowls for meditation, healing and space clearing.

8th Jan

All program events included in the price of entry.

30	45	2pm	15	30	45	3pm	15	30	45	4pm	15	30	45	5pm	15	30-45	
		2-2.45pm Choosing a life we love & Transformational Healing. Kinesiology, what can it do for you? With Parajat.				3-3.45pm Secrets to Inner Ascension with Karen Joy.				4-4.45pm How to start your own psychic journey with Rhonda Kelly.				5-5.45pm Silence negative self-talk with Lisa Jonas.			
Unlock the pleasure, power and magick that exists within your menstrual cycle with Anastasia and Krystle.						2.45-3.45pm Hands-on singing bowl workshop, teaching you how to use singing bowls for meditation, healing & space clearing with Brinley & Anup.				4-6pm UOCA Asana and Pranayama with James Travers-Murison. Ascension method of yoga using Ashtanga and Hatha Yoga with breathwork (posture class) to re-align the spine in order to ascend the Kundalini energy by treating each asana as a spiritual meditation.							
Experience meditation in the classical way through yogic practices which support one's body, breath & mind.		2.15-3.15pm Empowering Women Yoga Nidra. Ann-Marie guides you through a relaxing and calming Yoga Nidra session. Empowering the feminine energy and reconnecting your body, mind, and soul.				3.30-4.15pm Mindful Movement + Meditation. Reconnect with the mind & body to bring wisdom & compassion with Gabrielle.				4.30-6pm Soul Inquiry, 2022 Purpose Circle. Sound Healing Immersion & Yin Yoga. You will be taken on a 2 hour journey of restoration, sound healing & discovery of purpose for 2022 with Lauren Sifas.							
1.30-3.30pm Shamanic Breathwork Journey. Be taken on a journey beyond the depths of the 'EGO MIND' into an altered/non ordinary state of being to your soul origin. Shamanic Breathwork is an active meditation that will lead to profound deep healing. To breathe out distortions, unconscious mind of limitations, negative thoughts, stories & transmute everything that is not required for your highest good with Krisy & Krti.						3.45-4.45pm Deep Sound Journey. Experience a healing journey through sound with Siri Shakti. When you open your heart and surrender, the sound can guide you into the deepest healing journey.				5-6pm Embracing your senses. Exploring your life journey of embracing all of your senses, exploring your life in a different way with Ann-Marie.							
1.30-2.30pm Crystal Awareness. Practical applications, guided meditation, and body scan, progressive and compassionate meditation practices suitable for all ages with Abigail.			2.45-3.45pm We are the light. Be within the timeless we will share, truthfully your learning to carry out on a golden path to whatever abundance means to you with Donna.			4-6pm Finding Your True North - Redefining purpose & passion through story, stillness & movement. Tom invites attendees to rediscover their ultimate potential through a series of powerful exercises & activities. Combining motivational discussions, yoga, meditation & self-reflection.											



Soul Inquiry, 2022 Purpose Circle.
Lauren Sifas
Unity Space
4.30-6pm



Cleaning Our Trauma
Yemi Penn
Sacred Space
12.15-1.15pm

Everyone has a story they need to discover deep inside themselves. Through "Soul Inquiry" you will learn how to re-discover your new normal, your true inner joy and your purpose for 2022.

Cleaning Our Trauma: Pain to Power. Yemi Penn is a fearless business woman and thought leader on creating your own memo, meaning 'she' gets to write the script of her life and encourages others to do the same.



**1:1 Mindfulness +
Meditation Coaching**
with **Gabrielle McMahon**

Stress. Sleep. Focus. Gratitude.

bebliss.com.au

0418 576 075

*Program subject to change by divine intervention.

Sunday

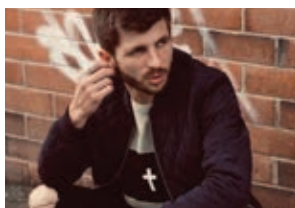
	10am	15	30	45	11am	15	30	45	12pm	15	30	45	1pm	15
WISDOM ROOM	10-10.45am Connecting with Your Spirit Guides with Healing.				11-11.45am Soul Commitments. Diamond Light Numerology. A fun interactive session from the book of joy with Wilma May.				12-12.45pm Astrology for creative individuals with Lisa.				1-1.45pm How Crystal Dreaming® accesses no time-space.	
HEART SPACE	10.15-11.15am Shamanic Circle Of Fire. Join Sally accessing & enhancing your connection to the universal forces of nature, from the inner worlds of Gaia to the earth, elemental & cosmic realms for the integration of light.				11.30-12.30pm Universal Love Meditation. Come & relax whilst experiencing the Universal Love flows from a meditation of peace and opening with Karin McLennan.				12.45-2.45pm Simple wisdom for clever people, living in the profound with Margot Cairnes.					
UNITY SPACE	10-11am Clear your etheric body and relax, experience deep peace and bathe in the sound of pure quartz crystal singing bowls with Chicchan.				11.15-1.15pm Unwinding - Rest & Restore - sound healing immersion, sage cleansing and Yin Yoga. Through learning the art of “Unwinding” we shed a layer together and rebirth with light breathwork, Yin Yoga followed by a handcrafted Sound Healing Session by Lauren Siafas, using many instruments from Bali and Sri Lanka intertwined that will deliver you a journey of deep rest.									
SOUL SOUNDS	10.15-12.15pm Seriya Cutbush and Matty Rainbow offer a deeply nourishing sound healing weaving breathwork, kinesiology, intention and sacred instruments of tamboura, crystal singing bowls and Tibetan bowls, medicine drum, channeled voice, flute and harmonium.								12.30-2.30pm Time to Shine. To fully own & embody your voice incorporating Quantum Flow This workshop is designed to help people to overcome any fear or					
SACRED SPACE	10.30-11.30am Eliminate emotional, physical and mental stress with Parijat.								11.45-12.45pm Mantra Taiko Dance. Empty your mind, just follow the guide, whole body movement with Giant Taiko drum beat + Singing Lin, bamboo flute and Buddhism Chanting.				1-2.30pm	

Program highlights



Sound Healing Seriya & Matty Soul Sounds 10.15-12.15pm

Seriya Cutbush and Matty Rainbow offer a deeply nourishing sound healing weaving breathwork, kinesiology, intention and sacred instruments of tamboura, crystal singing bowls and Tibetan bowls, medicine drum, channeled voice, flute and harmonium. An opportunity to reconnect to your own bliss. Seriya and Matty are founders of Sound Healing Australia.



Embodied Speaking Miroslav Petrovic Sacred Space 1-2.30pm

Find your voice. Miroslav's message and 'off the beaten path' approach speaks to thought leaders, future visionaries, progressive educators and transformational leaders who are empowered to move away from traditional speaking/teaching methodologies and embrace a deeper, more conscious way of communicating, through mind, body and spirit.



Cacao Ceremony Dunja Vairaktaris Unity Space 3.45-5.45pm

Cacao ceremonies are a type of shamanic healing – which is one of the oldest holistic healing practices used by indigenous cultures all over the world. Cacao is used to gently touch your heart and to guide you into an inner journey deep into the emotional centre of our body. Dunja is a Holistic Therapist and Cacao Ceremonialist.

9th Jan

All program events included in the price of entry.

30	45	2pm	15	30	45	3pm	15	30	45	4pm	15	30	45	5pm	15	30-45
with Raym.		2-2.45pm Enhancing immunity, internal energy levels & mental wellbeing with safe accessible & effective posture, movement, breathing & mental control with Simon.				3-3.45pm Healing Spirit of Past Trauma with Steve Richards. Understanding spirit is the key that gets results that other modalities are unable to achieve.				4-4.45pm Linking Mind, Body & Spirit for Lasting Healing with Steph Wallace.				5-5.45pm Family Constellations Liz Kerley & Andrew.		
Ceremony to Self is a reminder of who you are and the innate gifts you bring. Everything we need is within, during this gathering we'll be using Mother Nature and Unconditional Love to access them.						3-4pm Premature spontaneous Kundalini awakening with Shivana.				4.15-5.30pm A journey of exploration and expansion of consciousness where we will address the following topics: recognize what sexual energy is and its function. How sexual energy manifests and how to build sexual energy with Jeniffer.						
1.30-3.30pm Tantra Heart. Explore your full potential and expansion through unique mind-blowing, heart opening, playful explorations of emotional and physical Intimacy (Into-me-I-see). Tantra is a gateway to turn the ordinary into the extraordinary, to truly experience bliss in the body as a gateway to oneness with Stephanie Ajna.										3.45-5.45pm Cacao Ceremony with Dunja. Cacao ceremonies are a type of shamanic healing - which is one of the oldest holistic healing practices used by indigenous cultures all over the world. Cacao is used to gently touch your heart and to guide you into an inner journey deep into the emotional centre of our body.						
limiting beliefs around expressing themselves trough their voice, speaking their truth and helps them to find joy in singing and vocal expression with Julia Wunder.						2.45-3.45pm ZEN Buddhism Chanting with Mayu Akiba. Singing Ring® relaxing sound healing with Buddhist mantra to enhance inner peace.				4-6pm Sacred Sound Movement Medicine. Join Eeka King and Rebecca Kelly for a full power starlight finale and somatic experience you will not forget. Explore the transformational healing power of breath, sound and conscious dance.						
Embodied speaking: discover the power of your voice with Miroslav Petrovic.						2.45-3.45pm UOCA Meditation on Chakras. The Ascension process of sense control through concentration on each chakra vortex using Mandala pictograms & music with James.				4-5pm Trans-personal Art Therapy workshop. Focusing on wellbeing and knowing your instincts with Lucy Arnott.						



Time to Shine
Julia Wunder
Soul Sounds
12.30-2.30pm

This workshop is designed to help people to overcome any fear, or limiting beliefs around expressing themselves trough their voice. Helping them to find joy in singing and vocal expression.



Mantra Taiko Dance
Mayu Akiba
Sacred Space
11.45-12.45pm

Whole body movement with giant Taiko drum beat + singing lin, bamboo flute and Buddhism Chanting. Starting from Zen Movement to full body Samurai energetic dance, then cool down with a meditation.

Psychic Medium Channelled Tarot Reader

- ❖ Soul Mate Readings
- ❖ Energy Healer
- ❖ Reiki Master
- ❖ Psychosomatic Therapist
- ❖ Clay & Tarot Workshops

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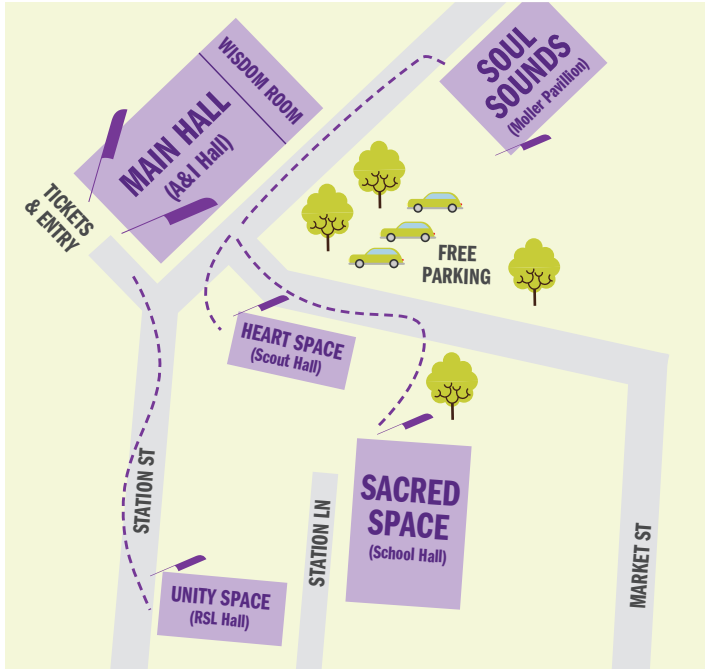


Professional Member of
International Psychics
Association



Festival Map & Tickets

The Starlight Festival takes place at the A&I Hall, Bangalow
January the 6th-9th. (Doors open at 9.30am each day)



Tickets

1 Day Pass
\$30

4 Day Pass
\$75 (SAVE \$45)

2 FOR 1
Thurs & Fri

Festival tickets at the door or online.

Children under 13 **FREE**
with a paying adult.

Festival Sponsors



TICKETS: STARLIGHTFESTIVAL.COM.AU



YOGARETREAT.NET.AU

Unification Organisation of Collective Ascension



Nymboida Ashram – Near Coffs Harbour

Fri, 14th Jan – Yoga Bootcamp 8 days

Experience true Indian ashram life of Patanjali. Get fit and lift the spirit. Help out together. Feel love and nature deep in the Nymboida forest. You need to be prepared for hard yoga workouts and trail runs. Early start. You won't have time to think. Yama-Niyama vows taken first day.

Fri, 28th Jan – Ascension Patanjali Yoga Retreat 8 days

One week to delve deep into yogic lifestyle of Patanjali - get up early, do yoga, help out on the ashram, learn yoga philosophy and finish with meditation. Get fit and healthy with vegan feasts and juices. Chant and sing. Lift your spirit with communal love.

Lecture history of yoga & Patanjali's System
Fri 11am, Wisdom Room

Workshop Postures & Breathing
Sat 4-6pm, Heart Space

Meditation Chakras
Sun 2.45pm, Sacred Space



Byron Kinesiology Centre & Kinesiology Schools Australia

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0427 857 991

Parijat Wismer
ICPKP Faculty
FMAKA & FMATMS
Magnetic Mind Coach



Self-care workshops for 2022

Kinesiology Self-care	15 & 16 Jan
First Aid for Emotions	6 Feb
Kinesiology Self-care	26 & 27 Feb
Rapid Stress Release	21 & 22 May
Energy Fitness	25 & 26 June
Epigenetic Cycles	23 & 24 July

Professional Training - Start Feb

Foundation in Kinesiology	12-18 months
Diploma of Kinesiology HLT52415	2.5-3 years
International Diploma in Energy Psychology	
Advanced ICPKP training to Kinesiopractor	
Advanced Certificate in Trauma Healing	

Attend our student clinics

90 min sessions \$30 / \$20 concession

Free Kinesiology intro 12 & 21 January 6-8pm

Free Experience Kinesiology 5 Feb 10am-4pm





Offering Sound Healing Classes & Diploma Certification in Acutonics® Integrative Sound Medicine



Acutonics® is an innovative healing system that encompasses modern and innovative science of sound technology with underlying universal laws and principles of medicine and healing. Acutonics is founded in the philosophy of Chinese Medicine and also integrates physics, depth psychology, cosmological studies (planetary myth & archetype), medical astrology and the arts into a holistic methodology in the applied use of sound vibration

Precision calibrated tuning forks tuned to the orbital properties of the Earth, Sun, Moon and Planets- known as 'The Music of the Spheres', are activated and applied directly to the body.

Acupuncture points provide noninvasive access into the core energetic systems within the body. The planets provide musical intervals, archetypes, and correspondences that help us to fine-tune the therapeutic frequency that is applied to the body to promote inner harmony. Planetary tuned chimes, Gongs and other sound based tools such as Tibetan Bowls, the rattle and drum may also be weaved into the healing session.

Acutonics level 1 - Sound Gates to Meridian Harmonics
Byron Bay - February 25/27 Online - March 11/13

Sound Healing Products



We are the Australian distributor of the Acutonics® Tunings Forks, Hand Chimes & Books. We also stock quality 7 metal Tibetan Bowls (made in Nepal), Tinchas and Bells.

Sound Medicine Sessions



Acutonics® Sound Medicine Sessions at
Sound Temple Ocean Shores.